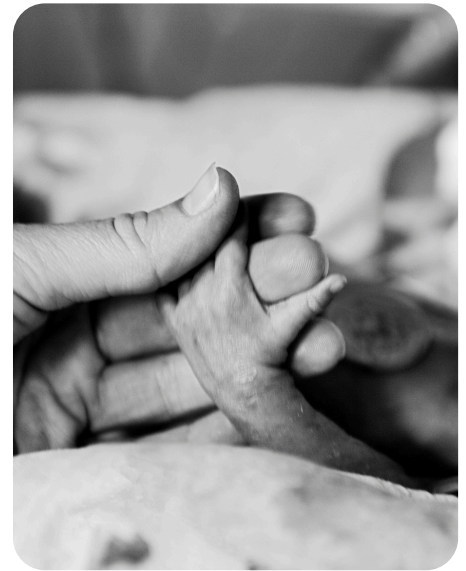


Growing Well

High Country
Developmental Clinic

Helping Children Thrive: Early Diagnosis & Support for Developmental Needs

The Growing Well developmental clinic offers early screening and care for autism, cerebral palsy and developmental delays for infants and children.



High-Risk Infants



Our follow-up program for high-risk infants provides comprehensive monitoring, early intervention, and ongoing assessments to track growth, motor skills, and cognitive development, ensuring personalized care plans with timely support and services.

Multidisciplinary Care



Pediatricians, therapists, social workers, and family navigators work together to provide comprehensive evaluations and support.

Whole-Family Support



Care coordination, parent education, and advocacy connect families with therapy, early intervention, and community resources to support their child's development.

Early Detection



Specialized screening tools and evidence-based assessments to identify cerebral palsy, autism, and developmental delays early, allowing for timely interventions and personalized care plans that support optimal development.

Referral Sources:

Hospital NICUs

Pediatricians

NC Infant-Toddler Program

828-262-2185

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Appalachian Institute
for Health and Wellness